



## Running Room International Friendship Run with founder John Stanton - Saturday, October 21, 2017 - 9:30 am

3k route starting and ending at the Scotiabank Toronto Waterfront Marathon Health & Fitness Expo - Enercare Centre Hall B, Exhibition Place

### Route Description:

- Meet outside Hall B of the Enercare Centre
- Run eastbound along Princes' Blvd to the Princes' Gates at Strachan Ave
- Travel south on Strachan Ave to the Martin Goodman Trail
- Head westbound on the Martin Goodman Trail to the pedestrian bridge west of Ontario Dr
- Take the bridge into Exhibition Place and follow the pack back to the Enercare Centre

