

Dunfee Brothers Adam and Olympic Medalist Evan to Compete at the Scotiabank Toronto Waterfront Marathon 10K

Canada's fastest race walker challenges brother to race in October

TORONTO, ON, September 23, 2021 — Olympic bronze medalist, Evan Dunfee, has confirmed his entry in the Scotiabank Toronto Waterfront Marathon 10K on October 17, 2021, and has laid down a challenge with his brother, Adam Dunfee. The race, doubling as the Athletics Canada 10K Championships, will see the brothers compete for the first time since 2017.

Hailing from Richmond, British Columbia, the Dunfee brothers' sibling rivalry began at a young age and has continued through to adulthood. After watching his older brother win a medal in his first race walking competition at age 13, 10-year-old Evan was inspired to take up the sport. He won his debut race and has not looked back since. Crediting Adam as the reason for getting into race walking, Evan is eager to fuel the competition that began in early childhood.

"We've always wanted to race each other," Evan said. "This seemed like a fantastic opportunity where I think we're pretty evenly matched, so it makes it kind of fun and adds an element that people can relate to."

As a longtime sports-minded family, it is not unheard of to see the brothers at the same competition — albeit for different reasons. Adam, who works as a sports broadcaster, called the Harry Jerome Track Classic this past June when 30-year-old Evan Dunfee set the 10,000m Canadian national record at the race walk event with a time of 38 minutes 39.72 seconds.

Evan is slated to race walk the 10K course this October in Toronto while Adam runs. True to their competitive nature, the Olympian's goal to cross the finish line in under 41 minutes may be second only to his primary focus of claiming victory over his brother. As the event draws near, the siblings remain in talks of how to make the event as much fun as possible, and what will be at stake for the competitive brothers.

"I think my biggest concern is just making the event fun, and providing that value back to the event," said Dunfee. "I'm a little bit concerned about how my body's going to be fit enough in four weeks to race 10km...but I'm confident that my body knows how to do that."

Following a well-needed break after capturing the Olympic bronze in dramatic fashion in the 50km race walk at Tokyo 2020 with a time of 3:50:59, Evan is getting back to training. With the pandemic limiting travel and access to races, Dunfee has completed the majority of his training over the past two years at his home base in Richmond, British Columbia.

"I'm mostly on my own," Dunfee said of his training method. Aside from his Sunday morning 40-45km training walks with his coach of 20 years, Gerry Dragomir, Evan typically logs his training solo, appreciating whenever he can convince a friend to run with him. "It's a good chance to catch up with people...If you combine those things and find time where you can do that, it's perfect."

When he is not training, the athlete with a heart of gold is focused on his mission "to create value in [his] community." As a longtime KidSport BC ambassador, Dunfee is working to wrap

up his fundraiser in support of the organization, which raised money through the sales of a special edition box of Kraft Dinner featuring his image. Unsatisfied with settling on the \$7,000 raised through the initial 150 signature boxes, Evan's competitive nature triumphed, and he was able to help raise the full \$10,000 that Kraft Heinz Canada agreed to match — resulting in a total donation of some \$20,000 to the non-profit.

As far as his Kraft Dinner preference goes, Evan is a self-proclaimed traditionalist — adding only ketchup and hotdogs — and is confident that his cooking skills surpass his brother's. While Evan has not confirmed any existing bets with Adam leading into the event, he is certain that this race is just “the next installment of probably what will end up being a lifelong competition.”

Media interested in covering the Scotiabank Toronto Waterfront Marathon 10K can [register for accreditation here](#). All media must receive advance accreditation to gain access to the in-person event on October 17.

About the Scotiabank Toronto Waterfront Marathon

The Scotiabank Toronto Waterfront Marathon is Canada's premier running event and the grand finale of the Canada Running Series (CRS). Since 2017, the race has served as the Athletics Canada national marathon championship race and has doubled as the Olympic trials. During the 2020 event, participants raised over \$2.96 million for 163 community charities through the Scotiabank Charity Challenge. In 2021, the Scotiabank Toronto Waterfront Marathon will host a 10K along Toronto's scenic lakeshore, the first in-person race for Canada Running Series since the pandemic began, which will also double as the Athletics Canada 10K Championships in partnership with Run Ottawa.

Using innovation and organization as guiding principles, Canada Running Series stages great experiences for runners of all levels, from Canadian Olympians to recreational and charity runners. With a mission of “building community through the sport of running,” CRS is committed to making sport part of sustainable communities and the city-building process. For more information, visit: <https://www.torontowaterfrontmarathon.com/>

About Athletics Canada

Athletics Canada is the national sport governing body for track and field, para athletics, cross-country running, and road running. Its purpose is to support high performance athletics excellence at the world level, and to provide leadership in developmental athletics. Athletics Canada is a not for profit, charitable organization operating under a board of directors elected by provincial / territorial members. For more information, visit: <https://athletics.ca/>

About Run Ottawa

Run Ottawa is the National Capital Region's premiere running organization and the organizers of Canada's most popular multi-day running event, The Tamarack Ottawa Race Weekend. For more information, visit: <https://www.runottawa.ca/>

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