



Times to Watch

2:00:35	Men's World Record, Kelvin Kiptum, Kenya (Chicago 2023)
2:04:43	North American Record, Conner Mantz, USA (Chicago 2025)
2:05:00	Canadian All Comers' and Toronto Waterfront Course Record, Philemon Rono, Kenya (Toronto 2019)
2:05:36	Canadian Record, Cam Levins (Tokyo 2023)
2:06:30	2025 World Championships Qualifying Standard for men
2:08:10	2024 Olympic Qualifying Standard for men (2028 Olympic standards have not been released yet)
2:09:56	Women's World Record, Ruth Chepngetich, Kenya (Chicago 2024)
2:10:47	10th Fastest Canadian Male Performer All-time, Dylan Wykes (Rotterdam 2012)
2:11:53	Women's World Record, Tigist Assefa, Kenya (Berlin 2023)
2:15:23	Canadian Men's Master's (40+) Record, Reid Coolsaet (Toronto 2019)
2:15:50	Women's World Record (women only race) Tigist Assefa, Ethiopia (London 2025)
2:18:29	North American Women's Record, Emily Sisson, USA (Chicago 2022)
2:20:44	Toronto Waterfront Women's Course Record, Waganesh Mekasha (2024)
2:23:12	Canadian Women's Record & Canadian Master's (40+) Record Natasha Wodak (Berlin 2022)
2:23:30	2025 World Championships Qualifying Standard for women
2:26:50	2024 Olympic qualifying standard for women (2028 standards have not been released yet)
2:29:22	10th Fastest Canadian Woman Performer All-time, Kinsey Middleton (Houston 2023)